# Capsule Endoscopy

| Areas Examined & Treated | |
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| Areas | • Duodenum<br>• Jejunum<br>• Ileum |

| The Procedure | |
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| Capsule Endoscopy | |
| Diagnostic | Capsule endoscopy is a procedure in which you swallow a vitamin-sized capsule that takes thousands of images as it moves through your digestive system |

Phone: 832-632-4070 | Fax: 832-688-9496
Email: info@gastrodoxs.com | Website: www.gastrodoxs.com

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| Before Your Procedure | |
|---|---|
| Schedule Your Procedure | |
| Appointment | Schedule your procedure appointment with GastroDoxs by phone @ 832-632-4070 or in the office |
| Location | The procedure is performed in our clinic |
| Insurance | If any prior authorization is required for the procedure, our office will obtain the required authorization |
| Financial | GastroDoxs procedure fees will be collected when you schedule your procedure |
| Changes | To cancel or reschedule, call or text GastroDoxs @ 832-632-4070 |

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| The Day Before Your Procedure | |
|---|---|
| Cleaning | Your small bowel is mandatory for the best Visualization |
| Foods | Clear liquid diet |
| Medication | • 6pm - Drink 7 Capfuls of over the counter Miralax - Peg 3350 119 gms with 32 oz of water<br>• 7pm - Drink over the counter Mylicon - Simethicone 0.6 ml with 8 oz of water<br>• 10pm - No food or liquids after 10pm except water or medication |

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| Procedure Day | |
|---|---|
| Foods | No food or liquids on the procedure day except water, medication, Miralax or Mylicon |
| Medication | • 6am - Drink 1 Capful of over the counter Miralax - Peg 3350 17 gms with 8 oz of water<br>• 7am - Drink over the counter Mylicon- Simethicone 0.6 ml with 8 oz of water |
| Arrival | Arrive at the office for your procedure at your scheduled time |
| Ingestion | When you arrive you will be asked to swallow the CapsoCam |

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|---|---|
| Retrieval | • You will be given a kit for retrieval of the Capsule<br>• Our staff will demonstrate how to use the strainer hat & wand for retrieval<br>• Use the strainer hat for each bowel movement until the capsule has been retrieved<br>• Once retrieved, place the Capsule in the vial provided<br>• Ensure the vial lid is locked & put in the envelope provided<br>• The capsule can take up from 4-36 hours to pass |
| Mailing | • A FedEx shipping label will be given<br>• Place the label on the envelope & drop it off at your nearest FedEx drop box |

| After You Ingest the Capsule | |
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| Foods | • 2 hours After - after ingestion of Capsule, resume a clear liquid diet<br>• 2pm - Light lunch allowed<br>• 8pm - Light dinner allowed |
| Medication | • 2 hours after - All medications can be resumed<br>• 4 hours after - Drink 1 Capful of over the counter Miralax - Peg 3350 17 gms with 8 oz of water |

| After Your Procedure | |
|---|---|
| Foods | You may resume your normal diet the day after the procedure |
| Medications | Resume normal medication schedule the day after the procedure |
| Retrieval | It is extremely important to use the hat container to retrieve the capsule |
| Mailing | Follow the instructions to mail the capsule |

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| No Capsule Located or Retrieved | Call our office after 72 hours if the capsule has not passed |
| Appointment | Ensure that you have a follow-up 2-3 weeks after the procedure |
| Results | • Your results will be discussed in detail<br>• Treatment recommendations will be given |
| Questions | Call or text GastroDoxs @ 832-632-4070 |